

GREEN SALAD CREATIONS

- \$5.99 garden salad
 - \$8.99 garden salad with grilled chicken
 - \$8.95 garden salad with tuna or chicken salad
 - \$7.95 chicken caesar salad
 - \$8.95 chef salad
 - \$8.95 greek salad
 - \$6.95 chopped salad (6 toppings, pick from 24 different toppings)
 - \$1.75 each extra meat topping
- meat topping choices:** grilled chicken, chicken cutlets, tuna salad, egg salad, chicken salad

HOME MADE SALADS

- | PER 1/2 lb. | ON A BAGEL/ ROLL | all our homemade salad sandwiches come with a choice of mac, slaw, or potato salad and half a pickle |
|-------------|------------------|--|
| \$6.49 | \$5.95 | solid white tuna salad |
| \$6.49 | \$6.49 | low-fat veggie tuna salad |
| \$7.49 | \$6.95 | white fish salad |
| \$14.99 | \$8.49 | baked salmon salad |
| \$6.49 | \$5.95 | chunky chicken salad |
| \$6.49 | \$6.49 | low-fat veggie chicken salad |
| \$4.49 | \$4.49 | egg salad |
| \$5.49 | \$5.99 | egg whites salad |
| \$4.49 | \$4.49 | chopped chicken liver salad |
| \$4.49 | \$4.49 | chopped herring salad |
| \$6.49 | \$6.49 | cranberry walnut chicken salad |

make it a hero: add \$1.00

DAILY SOUPS

- | 12oz | 16oz | Qrt | |
|--------|--------|--------|-----------------|
| \$3.99 | \$4.99 | \$8.99 | two soups daily |
- soup varieties:** chicken noodle, vegetarian, vegetable, manhattan, lentil, clam chowder, hungarian mushroom, broccoli, minestrone

HAND ROLLED BAGELS

- \$0.95 bagel (any variety)
- \$0.75 mini bagel (plain or whole wheat)
- \$1.60 flage!
 - \$1.50 bialy
 - \$1.50 low-carb bagel
- \$2.25 croissants (plain, cheese or chocolate)

Bagels baking throughout the day: plain, poppy, sesame, everything, cinnamon raisin, blueberry, rainbow, salt, onion, garlic, whole wheat, whole wheat sesame, whole wheat everything, 8-grain, pumpernickle, marble rye. Mini bagels plain and whole wheat

A BAGEL WITH...

- \$1.41 butter or margarine
- \$2.34 cream cheese (plain, regular or low fat)
- \$3.49 gourmet cream cheese (regular or low-fat)
- \$3.99 Lox cream cheese (regular or low-fat)
- \$1.99 butter and jelly
- \$2.99 peanut butter and jelly
- \$1.99 egg (add ¢50 for extra egg)
- \$2.75 egg and cheese
- \$3.49 egg & bacon, ham or sausage (add \$1 for extra meat)
- \$2.99 egg whites (from 2 eggs)
- \$1.00 extra taylor ham, bacon, sausage
- \$0.60 extra cheese
- \$0.50 extra jelly

CREAM CHEESE

- \$3.99 0.5 lb. plain cream cheese
- \$5.49 0.5 lb. gourmet cream cheese
- \$4.49 0.5 lb. low-fat plain cream cheese
- \$5.49 0.5 lb. low-fat gourmet cream cheese

BREAKFAST SPECIALS

- \$4.99 **power wrap**
three egg whites, sautéed vegetables and melted swiss cheese served in a tortilla wrap
- \$4.99 **rodeo special**
steak, onion, egg and cheese served on a freshly baked bagel / roll
- \$5.49 **breakfast burrito**
two scrambled eggs, sausage, bacon or ham, melted cheese and salsa in a wrap
- \$4.99 **pastrami or turkey**
egg and cheese
- \$5.99 **body quest special**
four egg whites, turkey, melted swiss in a whole wheat tortilla wrap
- \$8.49 **thin sliced nova**
plain cream cheese, tomato, bermuda onion, black pepper and a squeeze of lemon
- \$5.99 **flat bread special**
- \$5.99 **hobo / bobo / sobo:** ham, bacon or sausage with double egg and home fries on melted american cheese



All prices subject to change without prior notice. Not responsible for any misprints, typos or errors.



MENU

23 UNION AVE
CRESSKILL, NJ 07626

76 WASHINGTON AVE
DUMONT, NJ 07628

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FAX 201.569.8866

TEL 201.501.8880
FAX 201.501.8088

Hours:
Mon-Sat: 5am-7pm,
Sun: 5am-5pm

Hours:
Mon-Fri: 5am-5pm,
Sat, Sun: 4am-4pm

www.cresskillbagelcafe.com

LUNCH SPECIALS

all our lunch specials come with a choice of mac, slaw, or potato salad and half a pickle

\$7.99	italian stallion hero ham, salami, provolone, lettuce, tomato, onion, oil&vinigar
\$7.99	turkey club oven-roasted turkey breast, lettuce, tomato, crispy bacon and russian dressing on a roll or bagel
\$7.99	the godfather hero hot roast beef, melted mozzarella, roasted red pepper and honey mustard, served on a garlic hero
\$7.99	chicken fajita hero fresh strips of our homemade grilled chicken breast, sautéed onions and peppers and melted cheese
\$7.99	philly cheese steak hero
\$7.99	hot rueben hot pastrami or corned beef and melted swiss, served on rye bread with russian dressing
\$7.99	chicken steak hero
\$7.99	times square roast beef, yellow american cheese, lettuce, tomato and onion, served on a bagel
\$7.99	honey moon grilled turkey, muenster and honey mustard on a garlic hero

PANINI

all our panini sandwiches come with a choice of mac, slaw, or potato salad and half a pickle

\$6.99	chicken panini
\$6.99	three cheese panini
\$6.99	tmt panini
\$6.99	chicken quesadilla panini
\$6.99	beef quesadilla panini
\$6.99	the vegetarian panini

DELI & CHEESES

	PER 1/2 lb.	ON A BAGEL/ROLL	ON A HERO	
	\$5.99	\$6.25	\$6.99	pastrami
	\$5.99	\$6.25	\$6.99	corned beef
	\$5.99	\$6.25	\$6.99	roast beef
	\$5.49	\$5.99	\$6.99	turkey breast
	\$5.99	\$5.99	\$6.99	grilled chicken
	\$4.29	\$4.99	\$5.99	bologna
	\$5.99	\$5.99	\$6.99	genoa salami
	\$5.29	\$5.49	\$6.49	boiled ham
	\$4.99	\$4.49	\$5.99	taylor ham
	\$4.99	\$3.99	\$4.99	yellow american or muenster cheese
	\$4.99	\$3.99	\$4.99	swiss or provolone
		\$6.49	\$7.99	italian combo

SMOKED FISH (per 1/2 lb.)

\$16.99	gaspe Nova Scotia Salmon
\$18.49	baked Salmon
\$17.49	sable
\$7.99	large white fish
\$4.99	herring fillets

WRAPS

all our panini sandwiches come with a choice of mac, slaw, or potato salad and half a pickle

\$7.99	mediterranean wrap Green leaf lettuce, sliced marinated grilled chicken, roasted red peppers, sliced tomato, black olives and feta cheese topped with drizzle balsamic vinaigrette
\$7.99	manhattan wrap Grilled chicken breast, fresh mozzarella, tomato, fresh basil, roasted peppers, topped with a drizzle of honey mustard dressing
\$7.99	chicken caesar wrap Our homemade grilled chicken, Romaine lettuce, grated Parmesan cheese with a splash of Caesar dressing
\$7.99	california wrap Remain lettuce, sun-dried tomato, avocado, grilled chicken, roasted red peppers with a drizzle of Caesar dressing
\$7.99	american club Romaine lettuce, thinly-sliced turkey pepper breast, tomato and roasted peppers topped with honey mustard dressing and bacon
\$7.99	the atlantic city wrap Chicken cutlet, bacon, lettuce, green pepper jack cheese ranch
\$7.99	amir special Grilled chicken breast, fresh mozzarella roasted red peppers and avocado with balsamic vinaigrette



SINCE 1984

DESSERT BAR

\$15.99	1 lb. Rugelach
\$2.25	assorted large cookies
\$2.25	jumbo muffins
\$2.25	jumbo low-fat muffins
\$2.99	whole-wheat muffins
\$2.25	cinnamon bun
\$4.99	fruit cup
\$2.25	danish (any variety)

COFFEE BAR

	S	M	L	
\$1.37	\$1.74	\$2.25		coffee
\$1.50	\$1.99	\$2.49		hazelnut
\$1.50	\$1.99	\$2.49		french vanilla (or decaf french vanilla)
\$1.50	\$1.99	\$2.49		chocolate raspberry swirl
\$1.50	\$1.99	\$2.49		cinnamon columbian
\$1.37	\$1.74	\$2.49		tea (regular or decaf)
\$1.50	\$1.99	\$2.25		herbal tea
\$1.75	\$2.25	\$2.75		hot chocolate
\$1.75	\$2.25	\$2.75		cappuccino
\$2.29	\$2.99	\$3.49		iced coffee
\$2.29	\$2.99	\$3.49		flavored ice coffee

JUICE BAR

	12oz	16oz	20oz	
\$3.99	\$4.99	\$6.49		carrot
\$3.99	\$4.99	\$6.49		apple
\$3.99	\$4.99	\$6.49		carrot-apple-celery
\$3.99	\$4.99	\$6.49		carrot-apple-celery-kale-lemon
\$3.99	\$4.99	\$6.49		carrot-apple-celery-kale-lemon+beats, ginger
\$3.99	\$4.99	\$6.49		pick your own veggie or fruit (mix & match)
\$3.99	\$4.99	\$6.49		fresh lemonade
\$3.99	\$4.99	\$6.49		fresh-squeezed OJ

SMOOTHIES & FROZEN DRINKS

	16oz	20oz	24oz	
\$4.49	\$4.95	\$5.95		smoothies mixed with your choice of whole milk, skim milk, or filtered water
\$4.49	\$4.95	\$5.95		vanilla smoothie
\$4.49	\$4.95	\$5.95		orange smoothie
\$4.49	\$4.95	\$5.95		honey dew smoothie
\$4.49	\$4.95	\$5.95		mocha
\$4.49	\$4.95	\$5.95		café latté
\$4.49	\$4.95	\$5.95		cookies & cream
\$4.49	\$4.95	\$5.95		chocolate chunk
\$4.49	\$4.95	\$5.95		skinny choc
\$4.49	\$4.95	\$5.95		caramel explosion
\$4.49	\$4.95	\$5.95		coffee toffee